BRINGTON CofE SCHOOL

Together, striving to be the best that we can be!

Self-belief
Teamwork
Ambition
Respect

Physical Education Guidance September 2020

Please use the guidance below to inform your PE planning and teaching.

Learning Activities may be limited along with viable physical education spaces
1. Pupils must stay within their own year group 'bubble'. 2. Examination PE lessons may be taught in KS4 to classes from same year group 3. Extra-curricular sports activities can be offered, but year groups must not mix within sessions 4. Agree what learning is appropriate (including the relationship between face-to-face and remote education), for example, identify curriculum priorities, agree revised expectations and required adjustments in practical lessons, and any approaches to 'catch up' support. 5. Ensure you have considered the impact on staff and pupils with protected characteristics, including race and disability, in developing your approach. 6. Can you make appropriate adaptations to enable the safer teaching of skills in isolation in line with cleaning and hygiene regimes ***Team games which involve close physical contact should be avoided***.
Protective Measures and Hygiene
1. Encourage outdoor PE and sport to support social distancing. 2. Students could work in their own zone or 'safe space', which may even be marked out for younger children 3. If PE cannot be delivered outside then Owls will do it in classroom using social distancing. Hawks and Eagles will reschedule PE session for another time in the week. 4. Consider how the curriculum and activity content can reduce minimal setting out of equipment when planning sessions 5. Staff teaching PE are accountable for cleaning the PE equipment used during a session. Cleaning sheet to be filled in after every PE session.
Changing Areas Sport England Guidance to grass roots sport states cleaning required after every use of changing room
1. When used, these should be cleaned after every lesson – Wiping of surfaces is a reasonable approach. 2. Ensure sufficient standard cleaning equipment is available in all changing areas 3. Social distancing measures still apply and marking out areas which cannot be used will help you to manage the area effectively. 4. Time will be built into lesson procedures for cleaning of changing room surfaces, as well as hand sanitising. 5. CT to check on first day of term that PE kits are ready and on designated pegs. If

required PE is not in school then class teacher to phone home same day.

6. Pupils (Year 4,5,6) using changing rooms will use the social distancing rules.
7. Children to get changed independently no assistance from staff.

PE Clothing (Staff & Students)

1. Children will bring their PE kit into school and leave it on designated peg in clock room for half term.
2. PE kit will be send home at the end of half term to be washed.
3. Staff can wear appropriate PE kit on PE days to school.

PE Equipment

1. Equipment will need to be cleaned between each use and recorded on cleaning sheet.
2. Hand washing routines will mean more equipment is available to pupils, however it is often easier to plan for and discourage the sharing of equipment that is handled extensively, such as bats and rackets to mitigate against virus transmission.
3. Where any equipment is shared, for example when throwing a ball back to a peer, it is important that the equipment is kept as clean as possible by ensuring it is cleaned before and after each lesson using the cleaning agents provided.
4. Clearly label resources when used by students so they do not mix/share resources extensively
5. Hand washing routines on entry and departure to lesson built into planning and clearly documented.

Washing hands

1. Pay scrupulous attention to cleaning and hygiene.
2. Opportunities for handwashing before and after the lesson must be available.
3. Hand sanitiser should be readily available for students to use during PE lessons